THERE'S AN APP FOR THAT?

TRANSITION PLANNING, YOUTH VOICE AND A KANSAS/WISCONSIN COLLABORATION
Today’s Presenters

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Brenda Swoboda, TIG in Wisconsin
Julie Mecikalski, MSE, New Lisbon High School
Dalton Lee, HS Student New Lisbon High School,
Mike Burgess, Disability Rights Center of Kansas
About TIG: Our Mission...

To provide professional development to educators, youth, families and transition partners to ensure every child graduates, college and career ready!

Transition Improvement Plan  www.witig.org  IDEA CFDA #84.027
Register now for the CCoT Retreat on April 26, 2016
Learn More »
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Disability Rights Center of Kansas

- The Disability Rights Center of Kansas (DRC) is a legal advocacy organization that is part of a national network of federally mandated organizations empowered to advocate for Kansans with disabilities.
- DRC is the officially designated protection and advocacy (P&A) system in Kansas.
- DRC is a private, 501(c)(3) nonprofit corporation.
- In addition to providing direct legally-based rights advocacy services. Part of our mission is educating policy makers at all levels and engaging is systems change advocacy on behalf of people with disabilities.
About Mike

- Mike Burgess, Director of Systems and Partner Outreach, DRC Kansas
- What I do ... policy, partners, and technology for DRC
- 20 years as a web and app developer/IT professional.
- 10 years as member of the Kansas House of Representatives Chaired Government Efficiency Committee; Vice Chair IT Oversight Committee
- Almost 3 years of disability advocacy
- Former CIO for a state agency
Wisconsin & Kansas Collaboration

iTransition

- History of our collaboration
- Customized the Kansas app
- Integrated the app into our PTP process
- Developed Supplemental Materials
- Piloted the App and Materials w/ several Wisconsin schools
- Rolled it out statewide
Why is the app Important?

- Knowledge is Power
- IEPs & Transition – Students, parents and advocates often feel powerless.
- Often feel they weren’t provided needed information or tools
- SPED and Transition – confusing maze
- Transitioning from school to adult life is critical
- Format Youth Want – web-based App format
  - Android app (Google Play)
  - iPhone app (iTunes)
Why is this Important (cont.)?

• App = Students answer simple, targeted questions.
• 15 minutes or less later = Student input for a draft transition plan to take to IEP meeting
• App addresses four areas of need for transition planning for youth:
  • Education
  • Community Activities
  • Employment
  • Independent Living Skills
  • Pre-Employment Transition Services
App Supplemental Materials

Use the App

WiTransition App Information: This document is intended to provide ideas on how to engage youth in leading their IEP meeting. https://www.dropbox.com/s/gq16cg3zriolih5/WiTransition%20App%20Information.pdf?dl=0

WiTransition App Tips for Use: Use this tip sheet to generate ideas on how youth can use this application. https://www.dropbox.com/s/77ic5xtdo0byim6/WiTransition%20App%20Tips%20for%20Use.pdf?dl=0

WiTransition App Sample PowerPoint: Students are diverse learners. This sample PowerPoint template can be used as a visual to share transition highlights during the student’s IEP meeting. https://www.dropbox.com/s/pis4bw2i6h0bx2x/PTP%20App%20Powerpoint%20Sample.pptx?dl=0

WiTransition App Paper Application: The paper application is intended to be used when technology isn’t readily available or for youth to complete ahead of time and input information in one sitting. The application does not save, but a pdf can be generated and emailed to individuals the student chooses. https://www.dropbox.com/s/h5edgzmcm6w9it3d/App%20Paper%20Application.pdf?dl=0

WiTransition Sample App Plan: This is a sample of the Student Report that is created once a student has gone through the steps using the WiTransition App. https://www.dropbox.com/s/se7uhklybf9z0mz/Helen%27s%20Sample%20App%20Plan%20%20%281%29.pdf?dl=0

WiTransition App Google Community: Share ideas, successes, materials, outcomes, and questions regarding the app here. https://plus.google.com/u/0/communities/10509172715121190693

Wisconsin Youth Planning App Invitation: This postcard can be used to invite youth and family to use the WiTransition App to share at their IEP meeting. https://www.dropbox.com/s/h3m8167fu1ib7d/EIP%20Invite%20Form%20With%20APP.pdf?dl=0

WiTransition App and Lesson Plans Postcard: This postcard can be used to invite youth and family to use the WiTransition App to share at their IEP meeting. https://www.dropbox.com/s/ftuxes6bzxhcm/WiTransition%20App%20and%20Lesson%20Plans%20Postcard.pdf?dl=0
iTransition

- This app will help you create a Postsecondary Transition Plan (PTP).
- It was designed for students with Individual Education Programs (IEPs), but anyone can use it.
- During the IEP Year in which you turn 14, the PTP becomes a part of your IEP.
- Your PTP is your roadmap for the future.

Instructions

Start a Postsecondary Transition Plan (PTP)

Frequently Asked Questions
Division on Career Development & Transition

October 13, 2017

Dalton Lee, HS Student
New Lisbon High School

Julie Mecikalski, MSE
New Lisbon High School
Dalton

- 17-years-old
- High school junior
- I have a specific learning disability
- Honor roll
- Love playing baseball and wrestling
- Small pack production worker at Mill Haven Foods
My Teacher

- This is her 30th year of teaching – all at New Lisbon High School!!
- LOVES Transition planning with her students
- She thinks I am cool!!
- She has 2 dachshund furbabies!!
What I want . . .

• A job selling sports equipment, gear, etc.
• To go to college
• Live on my own in my own house
• Get married
• Have children
• I want to travel to Florida!!!! ☀️
Wisconsin Transition App

• This is a REALLY COOL app!
• It is on the Internet
  • www.witransition.com
• This app allows you to give your opinions on your future
• You can use it to self-advocate and run your own IEP meetings
Wisconsin Transition App

• You can complete it on paper
  • ask your teacher for a paper copy
  • can work on it at different times
  OR
• You can fill it out online
  • Must be done in one sitting – cannot save it
Wisconsin Transition App

- When you are done with the app, you get a really neat print out of your information.
- This page tells you how to use the Transition App info in your PTP and IEP meetings.

How to use the WITransition App & Your Postsecondary Transition Plan (PTP)

You can use this WITransition planning app in a variety of ways to plan for your future goals and dreams.

- Complete the WITransition app and have information for your Postsecondary Transition Plan (PTP) ready.
- Print and sign the app report to use for your transition plan (PTP).
- Share this plan with your family and teachers before your meeting.
- Schedule a meeting with your teacher/school case manager to discuss your app report and transition plan (PTP).
- Invite anyone to your transition planning meeting who you think can help you explain what supports you need to be successful.
- Attend your planning meeting to share your goals and what you need to reach them. You can lead your meeting if you want to.
- If you change your mind about your future plans and goals, just use the app again (it only takes a few minutes). Print the new report and share your new plan with your teachers and family.

Tips to Make Your Transition Team Meeting Successful:

- Your plan is a tool for you to think about your future.
- Ask for a copy of your IEP/PTP.
- Review your goals from last year.
- Make notes about the things you want to keep and things you want to change.
- Write down any questions you have about your plan.
- Your IEP meeting is about you. Using this app will help you prepare to talk about:
  - Goals
  - Disability
  - Strengths
  - Interests
  - Best learning style
  - Accommodations and modifications

Be a part of the team! Ask questions, know the people on your team, and know what they can do for you.

Be prepared to express your opinions and listen to the opinions of others.

For more tips, go to: [http://www.wiccs.com/transition/#](http://www.wiccs.com/transition/#)
My PTP Student Report – pp. 1-2

WiTransition Postsecondary Transition Planning (PTP)
Student Report

Student Name: Dalton
Current Grade: 11th grade
Date: September 13, 2017

This report outlines my interests, hopes, needs, and future plans that I would like to discuss at my IEP meeting regarding my Postsecondary Transition Plan (PTP).

I am 16 years or older. I am attending my IEP team meeting to provide input and develop a statement of required services and supports to help me prepare for and transition to adult life. This plan will be updated each year until I graduate. In Wisconsin, by the time I am 17 years or older, I will need to be told how my rights will change once I turn 18 and am officially considered an adult.

About Me!
To help me figure out where I'm going, let's talk about what I'm currently doing in life or interested in.
My hobbies are: Sports
At school, I'm currently involved in: Wrestling and Baseball
I currently volunteer at: Touch Twice

My goals after high school:
Education and/or Training:
- Attend a technical/community college and earn an associate degree, diploma or certificate
  UW LaCross
- Attend a 2-year university/college
  UW LaCross

Employment - The job I would like to have is
Animal care, Marketing
Independence Living - I would like to:
Live in an apartment or house with a roommate or friends

Transition and Related Assessments
Let's talk about the results of my age-appropriate transition assessment. How does it relate to the results of this report are there any additional assessments I need to reach my goals?

*Transition Planning Tip: An Age-Appropriate Transition drives the PTP Process.
Age Appropriate Transition Assessments

1. My Employment Goal
I would like my IEP team to discuss the following options so I can reach my measurable postsecondary goal(s) for employment goal.
I am interested in jobs in the following career clusters:
- Business Management & Administration
- Education & Training
- Marketing

I request my IEP team explain the different types of jobs available within each career cluster listed above. More information can be found at Wisconsin Career Pathways.
https://wisconsinconnection.org/careerpathways

Skills I am good at are: Hard working, stay on task

I am currently working at Mill Haven Feeds and I am a 2nd Shift Production Part Time. I do have some prior work experiences I would like you to know about. This will help my IEP team in planning for my future employment goals. They are:
- McDonald's
- Retail

The Pre-Employment Transition Services for job exploration, counseling and work-based learning experiences that I feel need to be discussed and possibly included in my plan are:
- Support to explore career interests and determine student's skills and strengths related to work (Academic Training Planning [ACP])
- Career Surveys
- Give information about the Division of Vocational Rehabilitation (DVR) and/or help student complete the DVR application or referral
- Help write resume, job applications, cover letters (can include visual resume)

I will work full time in the area of 2nd Shift Small Pack Production.
I might need help on the job to be most successful due to my disability. I think I will need the following accommodations:
- frequent breaks
- bigger computer screen
- adaptive technology
- ability to sit and stand as needed
- job coach
- additional time to learn new tasks

*Transition Planning Tip: Some students will need support obtaining, maintaining, and increasing employment outcomes. Please take time during this transition planning meeting to talk about the services that the Division of Vocational Rehabilitation (DVR) provides and if it's
II. My Postsecondary Goal for Education and/or Training

I would like my IEP team to discuss the following options so I can reach my measurable postsecondary goal for education and/or training.

I want to continue my education and/or training by attending:
- Attend a technical/community college and earn an associate degree, diploma or certificate - UW LaCross
- Attend a 2-year university/college - UW LaCross

I want to study: Animal care, Marketing

The Pre-Employment Transition Services for postsecondary and higher education services that I need to be discussed and possibly included in my plan are:
- Review and discuss academic skills, strengths, and accommodations needed in college
- Review Section 504 of the Rehabilitation Act and Americans with Disability Act with family to help them prepare for college
- Provide opportunities to take college level courses in high school and receive college credit
- Plan one or more college tours
- Provide opportunities to practice taking the college entrance exams (ACT, Compass)
- Provide opportunities to talk about strengths, challenges, and accommodation needs in school related to their disability.
- Provide opportunities to talk about strengths, challenges, and accommodation needs in community, college, and employment

I think I will need the following accommodations and/or modifications to reach my full potential:
- Extended time for tests
- Extended time for assignments
- Taking tests in alternate environment
- Recorded textbooks
- Study skills support
- Preferential seating
- Notes prior to class
- Additional time to learn new tasks
- Tests read

We should discuss what I am currently getting in high school and what is available to me after high school based on my goals.

III. My Postsecondary Goal for Independent Living

I would like my IEP team to discuss the following options so I can reach my measurable postsecondary goals for independent living. After high school, I want to: Live in an apartment or house with a roommate or friends

The Independent Living Skills that I am good at are:
- Cook, take trash out, laundry, take care of animals

The Pre-Employment Transition Services for social and independent living skills training for home and community that I feel need to be discussed and possibly included in my plan are:
- Provide opportunities to learn about and practice being in the community (what to do at a restaurant, bank, grocery store, etc.)
- Teach money skills including setting up a home budget, open a bank account, pay bills, file taxes
- Support to explore places to live after graduation; include family
- Give the student and family a copy of “What you should know about Wisconsin LAW Booklet” and talk about what changes when the student turns 18 years of age; to include civic duties

*Transition Planning Tip: Providing opportunities for students to practice self-advocacy within school, home and their community is an important part of providing transition services.

IV. Goals for Self-Advocacy

Being a strong self-advocate and understanding my disability is important for me to be successful in college, employment, and day to day life.

I want help with my self-advocacy skills over the course of middle and high school (insert answers from various Pre-ETS):
- Provide opportunities to talk about strengths, challenges, and accommodation needs in school related to their disability.
- Provide opportunities to talk about strengths, challenges, and accommodation needs in community, college, and employment

*Transition Planning Tip: Self-advocacy is one of the predictors of post school success for a student planning their future. Make sure to consider activities and/or instruction that include self-advocacy skill building for each student.

V. Course of Study

A well-developed and thought out course of study will help me reach my goals. I’d like to discuss the classes that I’m interested in taking as they relate to my postsecondary goals.

Classes that I’m good at or would like to take are:
- Math
- Foods
- Physical Education

VI. Community Agency and Adult Services

I would like my IEP team to talk about any referrals that need to be included in my Pre-Employment Transition Services to help identify options that I need to connect with as I enter adulthood.

Some examples of these include:
- Aging and Disability Resource Centers (ADRC)
- Division of Vocational Rehabilitation (DVR)
- Department of Health Services (DHS)
- Independent Living Centers (ILC)

VII. My Summary of Performance

Before we end the meeting, I’d like to talk about a graduation requirement called the Summary of Performance. It is a summary of my academic achievement and functional performance. I will need to share this with adult service providers and postsecondary education. I’d like to talk about
how I can be involved in the creation of this document so I can better understand how to share it and advocate when transitioning from high school to the adult world.

*Transition Planning Tip: The Summary of Performance is required upon graduation. It is a good idea to begin the discussion of what a summary of performance entails to provide self-advocacy skills in preparing for life after high school.

Student's Digital Signature: Dalton

________________________
Signature of Student

________________________
Name of Parent

________________________
Signature of Parent
Postsecondary Transition Plan (PTP)

- This is the transition part of the IEP
- This is the part that talks about
  - Interests and preferences
  - Future employment
  - Daily living skills
  - Community experiences
  - Post-school adult living
My IEP/Transition Meeting
My IEP/Transition Meeting
Summary of Performance

• Required for students with disabilities who
  • Graduate from high school with a regular diploma
  • Exit HS when they reach 21 years old
  • Complete an HSED and receive a diploma from their school district
Summary of Performance

- This summarizes your high school career and your current level of performance in school.
- You need to keep this forever to show proof of your disability, accommodations, and other school-related info.

This is really cool, too!!!
Summary of Performance

• It includes
  • Most recent test scores
  • Academic information and current levels
  • Functional skills and current levels
  • Impact of your disability on academic & functional skills
  • Use of Assistive Technology and accommodations
  • Recommendations and other supports
  • Support agency contact information
Final Thoughts

If you have a disability:
• Don’t be ashamed of your disability – don’t let it define you!
• Advocate for yourself
• Run your own and participate in your IEP meetings
• Get actively involved in planning your future!!!
• This is all about YOU!!
Background of App

• App originally written for Kansans, but vast majority of the info is applicable nationwide (most comes from federal IDEA law).

• Kansas law is different from other state’s laws. If you live outside of Kansas, Wisconsin, or one of the other iTransition app states, you can still use the apps, but make sure you understand your state’s laws and know there applicability.
Background of iTransition

- Developed a Transition tool kit
- Had the idea to build an app
- Lots and lots and lots and lots of trial and error
- Kept challenging ourselves to make it easier and simpler
- Goal is to have a quick process that solicits input while at the same time teaching the youth about transition and what is available to them
Background of iTransition Contd.

- Began working on the app in 2014
- Kansas app developed in 2014
- Now have apps in Kansas, Wisconsin, and North Dakota
- Coming soon are South Dakota, Alabama, and West Virginia
- Learn about all of the State iTransition apps at: www.drckansas.org/itransition
Partnerships Are Key to Success

- Every state has been a little different so far
- Good partners help customize and promote the app
  - Teachers/Students/Parents
  - Department of Education
  - Vocational Rehabilitation
  - State Disability Service Agencies
    - I/DD, Mental Health, etc.
  - DD Council
  - Universities (UCEDD and Schools of Education)
  - Your State’s Protection & Advocacy Agency
Increasing Use

Please take time to review the app in Google Play and iTunes
Contact Information

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